

## New Classes!!!

## New Hours!!!

**Monday through Friday**

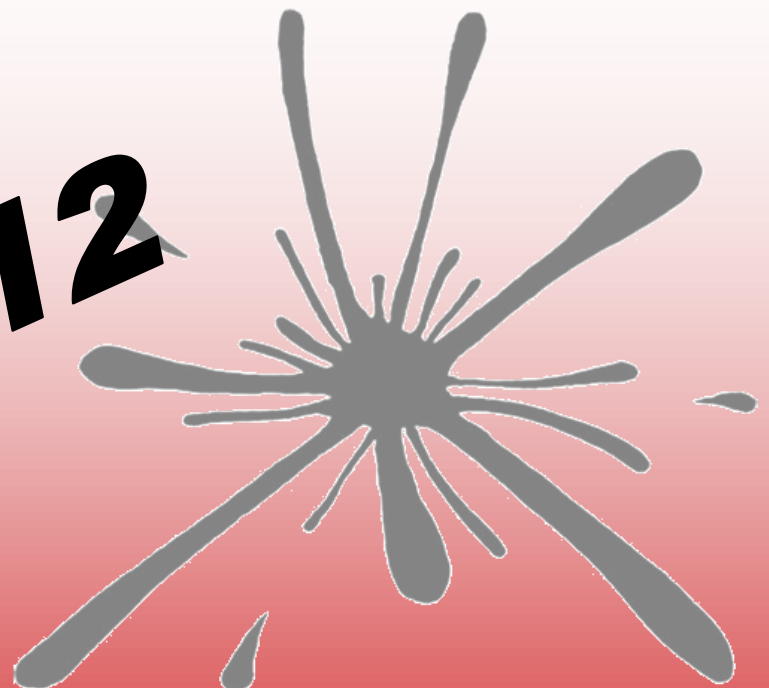
**3:00pm—7:30pm**

**Saturday & Sunday**

**8:00am—12:00pm**

- **45 minute circuit training on specially sized equipment**
- **Agility courses**
- **Hip Hop Dance**

**Ages 7-12**



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[www.theclubforfitness.com](http://www.theclubforfitness.com)